



## Adult Sports

### Tennis ♥

#### Adult: Beginning

You can start fresh whether you are a first timer who has never touched a racquet or someone who may have played years ago. By the end of this class you should be able to successfully serve, sustain a rally and play games and sets.

#### Calavera Hills Community Park: Tennis Court 1

**Instructor: Frank Fleming**

**Age: 16Y and up**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
53750	6:00-7:15pm	M	Sep 10-Oct 15	5c	\$58/\$68
53751	6:00-7:15pm	M	Oct 29-Dec 10	6c	\$70/\$80

#### Poinsettia Park: Tennis Court 1

**Instructor: Frank Fleming**

**Age: 16Y and up**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
53754	9:00-10:15am	Sa	Sep 8-Oct 13	6c	\$70/\$80
54278	6:00-7:15pm	Tu	Sep 11-Oct 16	6c	\$70/\$80
53752	6:00-7:15pm	W	Sep 12-Oct 17	6c	\$70/\$80
53755	9:00-10:15am	Sa	Oct 27-Dec 1	6c	\$70/\$80
54283	6:00-7:15pm	Tu	Oct 30-Dec 11	6c	\$70/\$80
53753	6:00-7:15pm	W	Nov 7-Dec 12	6c	\$70/\$80

#### Stagecoach Community Park: Tennis Court 3

**Instructor: Mark Keefer**

**Age: 15Y and up**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
53756	8:45-10:15am	W	Sep 12-Oct 17	6c	\$70/\$80
53758	8:45-10:15am	F	Sep 14-Oct 19	6c	\$70/\$80
53757	8:45-10:15am	W	Oct 31-Dec 12	6c	\$70/\$80
53759	8:45-10:15am	F	Nov 2-Dec 14	6c	\$70/\$80

#### Adult: Beginning/Intermediate

Review basic strokes using proper technique. Learn ball control, placement and consistency while playing games. Each student should bring one new unopened can of tennis balls to the first class of each new session.

#### Calavera Hills Community Park: Tennis Court 1

**Instructor: Frank Fleming**

**Age: 16Y and up**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
54255	7:15-8:30pm	M	Sep 10-Oct 15	5c	\$70/\$80
54256	7:15-8:30pm	M	Oct 29-Dec 10	6c	\$70/\$80

#### Laguna Riviera Park: Tennis Court 1

**Instructor: Jim Goto**

**Age: 16Y and up**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
53768	9:00-10:30am	M/W	Sep 10-Oct 17	11c	\$70/\$80
53769	9:00-10:30am	M/W	Oct 29-Dec 12	11c	\$70/\$80

#### Poinsettia Park: Tennis Court 1

**Instructor: Frank Fleming**

**Age: 16Y and up**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
54251	6:00-7:15pm	Th	Sep 13-Oct 18	6c	\$70/\$80
54538	6:00-7:15pm	Th	Nov 1-Dec 13	6c	\$70/\$80

#### Adult: Intermediate

Review your stroke technique, learn ball control, placement and consistency while playing games. Please bring one new unopened can of tennis balls to the first class.

#### Laguna Riviera Park: Tennis Court 1

**Instructor: Jim Goto**

**Age: 16Y and up**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
53770	10:30am-12:00pm	M/W	Sep 10-Oct 17	11c	\$70/\$80
53771	10:30am-12:00pm	M/W	Oct 29-Dec 12	11c	\$70/\$80

#### Poinsettia Park: Tennis Court 1

**Instructor: Frank Flemming**

**Age: 16Y and up**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
54260	10:00-11:15am	Th	Sep 13-Oct 20	6c	\$70/\$80
54262	10:00-11:15am	Th	Nov 1-Dec 13	6c	\$70/\$80

**Poinsettia Park: Tennis Court 1****Instructor: Frank Fleming****Age: 16Y and up**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
54257	7:15-8:30pm	Tu	Sep 11-Oct 16	6c	\$70/\$80
53772	7:15-8:30pm	W	Sep 12-Oct 17	6c	\$70/\$80
54265	7:15-8:30pm	Th	Sep 13-Oct 18	6c	\$70/\$80
54731	11:00am-12:30pm	Sa	Sep 15-Oct 20	6c	\$70/\$80
54261	7:15-8:30pm	Tu	Oct 30-Dec 11	6c	\$70/\$80
53773	7:15-8:30pm	W	Oct 31-Dec 5	6c	\$70/\$80
54266	7:15-8:30pm	Th	Nov 1-Dec 13	6c	\$70/\$80
54732	11:00am-12:30pm	Sa	Nov 3-Dec 15	6c	\$70/\$80

**Stagecoach Community Park: Tennis Court 3****Instructor: Mark Keefer****Age: 15Y and up**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
53774	8:45-10:15am	M	Sep 10-Oct 15	5c	\$70/\$80
53776	8:45-10:15am	Th	Sep 13-Oct 18	6c	\$70/\$80
53775	8:45-10:15am	M	Oct 29-Dec 10	6c	\$70/\$80
53777	8:45-10:15am	Th	Nov 1-Dec 13	6c	\$70/\$80

**Adult: Advanced**

Extensive drilling to hone your capabilities around the court. Explore competitive strategies (defensive, aggressive, counter punching). Please bring one new unopened can of tennis balls to the first class.

**Stagecoach Community Park: Tennis Court 3****Instructor: Mark Keefer****Age: 15Y and up**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
54806	11:00am-12:30pm	Sa	Sep 15-Oct 20	6c	\$70/\$80
54807	11:00am-12:30pm	Sa	Nov 3-Dec 15	6c	\$70/\$80

**Volleyball** ♥**Coed: Advanced/Intermediate**

This is a very popular class designed for those who have played volleyball and desire a more competitive atmosphere. Players will be evaluated during the first class and placed on teams with comparable abilities.

**Stagecoach Community Center: Gymnasium****Instructor: Dennis Mathis****Age: 16Y and up**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
53782	6:30-9:30pm	M	Sep 10-Oct 29	7c	\$55/\$65
53783	6:30-9:30pm	M	Nov 5-Dec 17	6c	\$45/\$55

**Coed: Intermediate**

This program is a coed intermediate league with two skill divisions, teams and divisions are balanced based on skill level. Players are divided into 4 person teams on the first night. For possible inclusion, new players and wait list participants must attend the first night for assessment. Tournament begins at 6:00pm for the final class with prizes provided.

**Calavera Hills Community Center: Gymnasium****Instructor: Dick Leatherman****Age: 18Y and up**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
53780	6:30-9:30pm	M	Sep 10-Oct 29	7c	\$55/\$65
53781	6:30-9:30pm	M	Nov 5-Dec 17	6c	\$45/\$55

**Women's: Advanced/Intermediate**

Come join the fun and meet a great group of ladies in a class designed specifically for women who have played volleyball, either on school teams or in competitive leagues. Refine your skills in a friendly yet challenging atmosphere.

**Stagecoach Community Center: Gymnasium****Instructor: Dennis Mathis****Age: 16Y and up**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
53784	10:00am-12:00pm	W	Sep 12-Oct 24	7c	\$55/\$65
53785	10:00am-12:00pm	W	Nov 7-Dec 19	7c	\$55/\$65

**Youth Sports****80/20 Basketball Class Keys to the Court for Boys & Girls** ♥

Keys to the court for boys and girls! Learn proper shooting techniques, court leadership, attacking the basket, defensive pressure, ball handling, offensive and defensive transition, precision passing, decision making, and one-on-one moves. All players will benefit from this fun and exciting basketball class taught by collegiate and high school coach Fentress Wynn. Participants will learn sportsmanship and integrity of the game. Class scheduled for September 22 will be held from 11:30 AM - 1:00 PM.

**Calavera Hills Community Center: Gymnasium****Instructor: 80/20 Basketball****Age: 7Y - 14Y**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
54519	9:00am-10:30am	Sa	Sep 8-29	4c	\$60/\$70

**Gymnastics** ♥**Hot Shots**

Fliptime offers an Introduction to Olympic apparatus including vault, bars, balance beams, uneven bars, floor exercise and trampoline. Our program is noncompetitive with the philosophy that every child is a winner!

**Calavera Hills Community Center: Gymnasium****Instructor: Marcie Germani****Age: 4Y - 7Y**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
53786	3:15-4:00pm	W	Sep 12-Oct 17	6c	\$85/\$95
53787	3:15-4:00pm	W	Oct 31-Dec 12	6c	\$85/\$95

**Stagecoach Community Center: Gymnasium****Instructor: Marcie Germani****Age: 4Y - 7Y**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
53788	3:15-4:00pm	Tu	Sep 11-Oct 16	6c	\$85/\$95
53789	3:15-4:00pm	Tu	Oct 30-Dec 11	6c	\$85/\$95

**Shooting Stars**

This program is designed to provide a noncompetitive achievement oriented class of progressive skill development. Students will learn new and exciting skills on all the apparatus as well as improved flexibility and body conditioning.

**Calavera Hills Community Center: Gymnasium****Instructor: Marcie Germani****Age: 7Y - 13Y**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
53790	4:05-4:50pm	W	Sep 12-Oct 17	6c	\$85/\$95
53791	4:05-4:50pm	W	Oct 31-Dec 12	6c	\$85/\$95

**Stagecoach Community Center: Gymnasium****Instructor: Marcie Germani****Age: 7Y - 13Y**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
53792	4:05-4:50pm	Tu	Sep 11-Oct 16	6c	\$85/\$95
53793	4:05-4:50pm	Tu	Oct 30-Dec 11	6c	\$85/\$95

## Tennis

### Juniors: Beginning

Learn all the basics with the proper technique. Forehand, backhand, serve, introduction to volleys and overheads. Please bring one new unopened can of balls per each session.

#### Calavera Hills Community Park: Tennis Court 1

**Instructor: Frank Fleming**

**Age: 7Y - 12Y**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
54529	3:30-4:30pm	Th	Sep 13-Oct 18	6c	\$70/\$80
54537	3:30-4:30pm	Th	Oct 25-Dec 6	6c	\$70/\$80

#### Poinsettia Park: Tennis Court 1

**Instructor: Frank Fleming**

**Age: 7Y - 12Y**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
54530	3:30-4:30pm	Tu	Sep 11-Oct 16	6c	\$65/\$75
54536	3:30-4:30pm	Tu	Oct 30-Dec 11	6c	\$65/\$75

#### Stagecoach Community Park: Tennis Court 3

**Instructor: Mark Keefer**

**Age: 7Y - 12Y**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
54704	4:30-5:30pm	Tu	Sep 11-Oct 16	6c	\$60/\$70
54705	4:30-5:30pm	W	Sep 12-Oct 17	6c	\$60/\$70
54706	4:30-5:30pm	Th	Sep 13-Oct 18	6c	\$60/\$70
54707	4:30-5:30pm	F	Sep 14-Oct 19	6c	\$60/\$70
54708	4:30-5:30pm	Tu	Oct 30-Dec 11	6c	\$60/\$70
54709	4:30-5:30pm	W	Oct 31-Dec 12	6c	\$60/\$70
54710	4:30-5:30pm	Th	Nov 1-Dec 13	6c	\$60/\$70
54711	4:30-5:30pm	F	Nov 2-Dec 14	6c	\$60/\$70

#### Laguna Riviera Park: Tennis Court 1

**Instructor: Jim Goto**

**Age: 8Y - 15Y**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
54716	3:15-4:15pm	M/Th	Sep 10-Oct 18	11c	\$65/\$75
54717	3:15-4:15pm	M/Th	Oct 29-Dec 13	11c	\$65/\$75

#### Poinsettia Park: Tennis Court 1

**Instructor: Frank Fleming**

**Age: 7Y - 12Y**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
53870	11:15am-12:15pm	Sa	Sep 8-Oct 13	6c	\$65/\$75
53871	11:15am-12:15pm	Sa	Oct 27-Dec 1	6c	\$65/\$75

### Juniors: Beginning/Intermediate

Learn all the basic strokes with the proper technique. Forehand, backhand, serve, introduction to volleys and overhead. Please bring one new unopened can of balls per each session.

#### Poinsettia Park: Tennis Court 1

**Instructor: Frank Fleming**

**Age: 10Y - 15Y**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
54539	4:30-5:30pm	Tu	Sep 11-Oct 16	6c	\$65/\$75
54540	4:30-5:30pm	Tu	Oct 30-Dec 11	6c	\$65/\$75

#### Stagecoach Community Park: Tennis Court 3

**Instructor: Mark Keefer**

**Age: 8Y - 13Y**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
53892	3:30-4:30pm	Tu	Sep 11-Oct 16	6c	\$60/\$70
53894	3:30-4:30pm	W	Sep 12-Oct 17	6c	\$60/\$70
53896	3:30-4:30pm	Th	Sep 13-Oct 18	6c	\$60/\$70
53898	3:30-4:30pm	F	Sep 14-Oct 19	6c	\$60/\$70
53893	3:30-4:30pm	Tu	Oct 30-Dec 11	6c	\$60/\$70
53895	3:30-4:30pm	W	Oct 31-Dec 12	6c	\$60/\$70
53897	3:30-4:30pm	Th	Nov 1-Dec 13	6c	\$60/\$70
53899	3:30-4:30pm	F	Nov 2-Dec 14	6c	\$60/\$70

### Juniors

This is a totally fun introduction to tennis for the beginning younger player between 5 years to 6 years. Learn the basics of tennis, rules and play lots of games. Moms and Dads are most welcome to help. Please bring one new unopened can of balls per each session.

#### Calavera Hills Community Park: Tennis Court 1

**Instructor: Frank Fleming**

**Age: 5Y - 6Y**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
54541	3:45-4:30pm	M	Sep 10-Oct 15	5c	\$54/\$64
53794	4:30-5:15pm	M	Sep 10-Oct 15	5c	\$54/\$64
54542	3:45-4:30pm	M	Oct 29-Dec 10	6c	\$65/\$75
53795	4:30-5:15pm	M	Oct 29-Dec 10	6c	\$65/\$75

#### Poinsettia Park: Tennis Court 1

**Instructor: Frank Fleming**

**Age: 5Y - 6Y**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
53866	10:30-11:15am	Sa	Sep 8-Oct 13	6c	\$65/\$75
53796	4:30-5:15pm	W	Sep 12-Oct 17	6c	\$65/\$75
53867	10:30-11:15am	Sa	Oct 27-Dec 1	6c	\$65/\$75
53797	4:30-5:15pm	W	Nov 7-Dec 12	6c	\$65/\$75

### Juniors: Intermediate

Extensive drilling to hone your capabilities around the court. Explore competitive strategies. Please bring one new unopened can of balls per each session.

#### Laguna Riviera Park: Tennis Court 1

**Instructor: Jim Goto**

**Age: 8Y - 15Y**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
53908	4:15-5:15pm	M, Th	Sep 10-Oct 18	11c	\$65/\$75
53909	4:15-5:15pm	M, Th	Oct 29-Dec 13	12c	\$65/\$75

#### Stagecoach Community Park: Tennis Court 3

**Instructor: Mark Keefer**

**Age: 8Y - 15Y**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
53910	5:30-7:00pm	Tu	Sep 11-Oct 16	6c	\$70/\$80
53912	5:30-7:00pm	Th	Sep 13-Oct 18	6c	\$70/\$80
53911	5:30-7:00pm	Tu	Oct 30-Dec 11	6c	\$70/\$80
53913	5:30-7:00pm	Th	Nov 1-Dec 13	6c	\$70/\$80

### Juniors: Advanced

Teacher approval required before registering. No exceptions. This class is for the skilled Junior looking to gain an edge over the competition. Please bring one new unopened can of balls per each session.

#### Laguna Riviera Park: Tennis Court 1

**Instructor: Jim Goto**

**Age: 8Y - 15Y**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
53917	5:15-6:15pm	M/Th	Sep 10-Oct 18	11c	\$65/\$75
53918	5:15-6:15pm	M/Th	Oct 29-Dec 13	12c	\$65/\$75

#### Stagecoach Community Park: Tennis Court 3

**Instructor: Mark Keefer**

**Age: 10Y - 16Y**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
53919	5:30-7:00pm	W	Sep 12-Oct 17	6c	\$70/\$80
53920	5:30-7:00pm	W	Oct 31-Dec 12	6c	\$70/\$80

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